



MODULE No.		SOLIHULL DATES			
Module 1	Introduction to SOT (1)	30th - 31st	January	2010	
Module 2	Introduction to SOT (2)	27th - 28th	February	2010	
Module 3	Extremities	27th - 28th	March	2010	
Module 4	CMRT (1)	30th - 31st	January	2010	
Module 5	CMRT (2)	27th - 28th	February	2010	
Module 6	Anatomy of SOT (Marc Pick)	Not Available			
Module 7	Category 1 Intra-orals	27th - 28th	March	2010	
Module 8	Sutural	27th - 28th	February	2010	
Module 9	Cranial Spec and Non-Spec	Not Available			
Module 10	SOT Management (1)	Not Available			
Module 11	SOT Management (2)	30th - 31st	January	2010	
Module 12	Paediatrics	27th - 28th	March	2010	

MODULE No.		PARIS DATES			
Module 1	Introduction to SOT (1)	16th - 17th	January	2010	
Module 2	Introduction to SOT (2)	13th - 14th	February	2010	
Module 3	Extremities	16th - 17th	January	2010	
Module 4	CMRT (1)	13th - 14th	February	2010	
Module 5	CMRT (2)	20th - 21st	March	2010	
Module 7	Category 1 Intra-orals	20th - 21st	March	2010	
Module 8	Sutural	13th - 14th	February	2010	
Module 10	SOT Management (1)	16th - 17th	January	2010	

Courses

The courses are intended to enable you to add SOT into your practice immediately following the seminars. An extensive list of SOT literature and equipment will be available for sale. Certification examinations have been held in Europe since 1995, and details of forthcoming examinations are available to eligible candidates.

Seminar Times

All seminars will run from 9.30 - 6.30 Saturday, 9.00 - 1.30 Sunday (Registration from 9.00 Saturday)

Venue

St JOHNS HOTEL (Near to Birmingham International Airport) Warwick Road, Solihull, West Midlands. B91 1AT Tel: (44) - (0)121 - 711 3000 Fax: (44) - (0)121 - 705 6629 www.principal-hayley.com

Room Rates

St JOHNS HOTEL • Single B&B £90.00 per night • Double / Twin £100.00 per night

Bookings Please contact the St Johns Hotel directly quoting "SOTO-Europe" when booking, as there are limited rooms available. Alternative accommodation lists available from Solihull Tourist Information. Tel: 0121 704 6130

Any queries contact:

SOTO EUROPE SECRETARIAT Jayne or Lorraine at Chiro CPD. Telephone: (44) - (0)121 733 1642 Fax: (44) - (0)121 744 5208 Email: admin@chirocpd.co.uk

Checklist for Registration

- 1. One registration form per delegate, please. Photocopy if more are needed. 2. Tick your choice/s of seminar. 3. Study the fee structure carefully, then enclose your payment option.

Please bring your portable table to the seminars

Solihull Birmingham and IFEC Paris SEMINAR SERIES



Sacro-Occipital Technique Organisation Europe

January February March

Professional Training in the Practical Applications of SOT Approved by the Sacro-Occipital Research Society International 12 CPD Hours available per seminar



Synopsis of modules for 2010

Module 1 and 2

Module 3

Module 4

Module 5

What is SOT?

SOT is a diagnostic system which offers specific, practical ways to understand neuro-musculo-skeletal disorders. An important feature is the category system which can be readily learned and applied to establish a logical and effective structure to the management of a patient's problem.

SOT will improve your patient management by increasing your understanding of, and thereby your confidence in, your role in the different stages of the healing of your patient's condition. Some of the treatment procedures are unique to SOT but will work as a very good complement to your current technique skills.

SOT also provides rationales and procedures for the viscera, extremity and cranial aspects of Chiropractic management.

The teaching of SOT is done in a modular fashion such that the content of each individual module can be incorporated immediately into your practice. In general the modules are progressive, however there are some recommendations on the order of attendance.

Foundation of SOT

These cover an overview of SOT, the category system and cranio-sacral respiratory function. The basic category one, two and three procedures are covered in a practical manner to enable you to put them into practice immediately after the weekends. Basic cranial procedures are covered, and patient management strategies are discussed.

Modules 1-2 are foundation modules of SOT. It is strongly recommended that practitioners new to SOT complete modules 1-3 before attending others.

Lecturers:

Luke Ramsay BSc, DC, FCC - Graduated from the AECC in 1984, Certified in advanced SOT in 1998, Board certified Craniopath 2001, Luke is also the immediate past president of SOTO Europe and is working in private practice in Tenerife.

Giles Courtis DC, FCC - Graduated from AECC 1985, Certified in advanced SOT in 1988, Board certified Craniopath 1991, Giles is the chairman of the education committee and has been involved on the Board of SOTO Europe for many years, Giles is working in private practice in Bath in Somerset.

Extremities

This module covers the systematic approach to extremity adjusting including the SOT indicators and rationale for adjustment. Practical adjusting skills are covered in detail such that you will be able to put them into practice immediately.

Lecturer:

Jesper Dahl DC, CCSP, CCEP - Graduated from AECC 1989, CCSP qualification in 1991, Certified in advanced SOT in 1995, CCEP qualification in 1998. Jesper has a passion for sports chiropractic and works closely with orthopaedic surgeons with both pre and post-operative rehabilitative care for joint replacements. Jesper works in private practice in Maidstone in Kent.

Chiropractic Manipulative Reflex Technique (CMRT)

CMRT is the SOT approach to work with viscerosomatic and somato-visceral reflexes. It can have some exceptional results in clearing long standing refractory symptoms. This module introduces the principles of CMRT including occipital fibre analysis and indicators for organ work. Some of the more commonly encountered organ techniques are covered.

Lecturers:

Ann McDonnell DC, CCSP, FCC - Graduated from AECC 1985, CCSP qualification in 1991, Certified in advanced SOT 1992, Board certified Craniopath in 1996, Ann has extensive experience lecturing in SOT having taught most modules at some time. She has a special interest in Soft Tissue Orthopaedics (STO) and works in private practice in Blackheath in Greater London.

Verity Wills BSc, MSc, DC - Graduated from AECC in 2002, Certified in advanced SOT 2005, Verity has a passion for helping bring SOT to fellow chiropractors and has worked as a table instructor, assistant lecturer and then as co-lead instructor for CMRT. Verity works in private practice in Burnham in Buckinghamshire.

CMRT continuation

This module revises the principle and indicators for CMRT and covers more of the CMRT procedures which have not yet been presented in module 4.

It is strongly recommended that module 4 is taken before module 5

Lecturers:

Ann McDonnell DC, CCSP, FCC

Verity Wills BSc, MSc, DC

Module 6

Module 7

Module 8

Module 9

Module 10

Module 11

Module 12

Anatomy of SOT and Cranial Introduction

Dr Marc Pick covers the anatomy and physiology of cranial and dural function. He describes the neurological and pathological basis for SOT, using computer graphics and dissection models. In addition he will provide an exciting introduction to cranial ranges of motion.

This module will be available in 2011 as it alternates with Intra-orals

Lecturer:

Marc Pick DC, DICS - Graduated from Cleveland Chiropractic College in 1973. Certified in Advanced SOT in 1977. Recognised as a Diplomate in Craniopathy and he is a Diplomate of the International Craniopathic Society. Marc also achieved his DACBN qualification in 1997. He has also attended the Emperors College of Traditional Oriental Medicine from 1987 - 1992. Marc lectures internationally in both anatomy and neurology and is well known for his amazing collection of dissected specimens and ground-breaking computer animations of cranial motion and neurology. He is also the author of the Cranial Sutures. He works in private practice in Hollywood in California.

Category One Intra-oral Adjustments

This module covers the cranial analysis and adjustments for specific occipital, frontal and temporal bone lesions. These adjustments are done with an assistant, and all assistant holds are covered.

This module alternates with Marc Pick - Anatomy of SOT and will not be available in 2011

Lecturer:

Ann McDonnell DC, CCSP, FCC

Sutural Technique

This module provides the starting point for all further cranial modules with an introduction to the cranial anatomical landmarks and the cranial bone ranges of motion. It also describes DeJarnette's Sutural Technique which is used to facilitate Category II adjustments when sutural stress has prevented a Category II adjustment from holding. It also equips practitioners with a means of finishing TMJ adjustments where results are incomplete.

Lecturers:

Alastair Atkinson BSc, DC, MCC - Graduated from the AECC in 1995. Certified in advanced SOT in 1998. Board certified Craniopath in 2000, Alastair has lectured for SOTO-Europe since 2002 and has a wealth of knowledge and experience and is a member of the SOTO-Europe Education Committee. He also works in private practice in Cirencester in Gloucestershire.

Kim Garnham DC, FCC - Graduated from the AECC in 1982. Certified in advanced SOT in 1992, Board certified Craniopath in 1996. She has lectured in numerous capacities for SOTO-Europe with many years lecturing the CMRT modules. She also works in private practice in Peterborough in Cambridgeshire.

Cranial Specific and Non-Specific Techniques

This module covers the specialised techniques in SOT, some of which are extremely useful on a day to day basis. Includes techniques that can be applied for specific conditions eg. headaches, asthma and blood pressure disturbances to name a few.

This module will be available in 2011 as it alternates with Paediatrics

Lecturer:

Ann McDonnell DC, CCSP, FCC

SOT Management 1

Progressive management of patients in category 2 is covered in detail together with some additional techniques. Analysis and management of temporomandibular joint dysfunction is fully described. All techniques are presented in a practical manner.

This module will be available in 2011 as it alternates with Management 2

Lecturers:

Jonathan Howat DC, DICS, FICS, FCC (Cranio), FCC (Paeds)

Stephen Williams DC, DICS, FICS, FCC (Paeds), FCC (Cranio) FBCA

SOT Management 2

Progressive management of patients in categories 1 and 3 is covered in detail including additional techniques described by contemporary leaders in the field of SOT.

This module alternates with Management 1 and will not be available in 2011

Although modules 10 and 11 alternate, there is no necessity to take one before the other. Both modules include a significant element of hands-on practical time.

Lecturers:

Jonathan Howat DC, DICS, FICS, FCC (Cranio), FCC (Paeds) - Graduated from Palmer College of Chiropractic 1970, Practiced in Rhodesia/Zimbabwe for 17 years. Founded SOTO-Europe in 1986 and was the first president of SOTO-Europe. He is both a Diplomate of Craniopathy and a Fellow of the International Craniopathic Society. He has taught SOT/Cranial Internationally since 1985 and is the author of the book "Chiropractic - Anatomy and Physiology of Sacro Occipital Technique". He also works in private practice in Oxford in Oxfordshire.

Stephen Williams DC, DICS, FICS, FCC (Paeds), FCC (Cranio) FBCA - Graduated from the AECC 1987. Certified in advanced SOT in 1995, Board certified Craniopath in 1996. He is a Fellow of College of Chiropractors in both the cranial and paediatrics faculty and is also a fellow of the British Chiropractic Association. He has lectured internationally on both cranial and paediatrics and is the author of "Pregnancy and Paediatrics - A chiropractic approach". He is the current president of SOTO-Europe and also works in private practice in Southampton in Hampshire.

Paediatrics

This module covers the SOT approach to the management of pregnancy and babies as well as children. It includes a protocol for thorough paediatric assessment and treatment of many commonly occurring paediatric conditions including: otitis media, enuresis, sucking disorders and infantile colic.

This module alternates with Cranial Specifics and Non-Specifics and will not be available in 2011

Lecturer:

Stephen Williams DC, DICS, FICS, FCC (Paeds), FCC (Cranio) FBCA